



Radford Swimming Club – 28th Level 1 Open Meet
May 8th/9th 2010 Ponds Forge, Sheffield

Qualifying Times

	Girls							Boys						
	11	12	13	14	15	16/Open		10	11	12	13	14	15	16/Open
00:39.8	00:37.3	00:35.4	34:00.0	00:32.9	00:32.2	00:31.8	50 FREE	00:39.0	00:37.0	00:34.9	33:00.0	00:31.3	00:29.7	00:28.4
*	01:15.2	01:12.7	01:10.7	01:09.6	01:08.8	01:07.3	100 FREE	*	*	01:06.9	01:04.4	01:02.6	01:01.5	01:00.5
03:04.4	02:51.3	02:42.5	02:36.2	02:32.1	02:29.1	02:25.8	200 FREE	03:03.6	02:51.3	02:40.8	02:32.6	02:25.6	02:20.7	02:13.7
06:23.5	05:52.8	05:35.4	05:19.8	05:11.6	05:06.5	05:03.2	400 FREE	06:22.5	05:52.4	05:34.7	05:15.4	05:00.9	04:51.6	04:41.8
**	12:08.5	11:28.5	10:54.0	10:39.6	10:29.4	10:25.6	800 FREE	N/A	**	11:36.5	10:56.0	10:26.4	10:06.3	09:46.6
**	23:10.2	21:58.9	20:51.7	20:23.0	20:05.8	19:58.4	1500 FREE	N/A	**	21:53.7	20:38.3	19:42.4	19:01.8	18:44.7
00:51.2	00:47.8	45:00.0	00:43.1	00:41.5	00:40.6	00:39.8	50 BREAST	00:51.6	00:48.2	00:44.6	00:41.8	00:39.7	00:37.8	00:35.8
*	01:35.2	01:30.8	01:28.5	01:27.5	01:26.1	01:23.6	100 BREAST	*	*	01:24.6	01:21.4	01:18.9	01:17.0	01:15.8
03:55.5	03:36.6	03:24.9	03:15.5	03:09.5	03:06.7	03:04.0	200 BREAST	03:57.2	03:39.1	03:25.2	03:12.5	03:02.5	02:55.4	02:47.0
00:44.0	00:40.7	00:38.6	00:36.7	00:35.7	00:34.8	00:34.2	50 FLY	00:43.5	00:40.8	00:38.1	00:35.9	34:00.0	00:32.2	00:30.6
*	01:22.6	01:19.1	01:17.2	01:15.5	01:14.8	01:12.1	100 FLY	*	*	01:12.8	01:09.8	01:07.8	01:06.5	01:05.0
03:34.6	03:12.6	03:01.7	02:53.5	02:48.0	02:45.7	02:41.3	200 FLY	03:32.3	03:12.5	02:59.9	02:49.9	02:40.9	02:34.4	02:27.6
46:00.0	00:43.1	00:40.9	00:39.4	38:00.0	37:00.0	00:36.3	50 BACK	46:00.0	00:43.2	00:40.5	00:38.2	00:36.1	00:34.5	00:32.7
*	01:24.5	01:21.7	01:19.6	01:17.9	01:17.1	01:14.6	100 BACK	*	*	01:15.0	01:12.2	01:10.3	01:09.3	01:07.5
03:26.3	03:11.0	03:00.6	02:54.3	02:49.8	02:45.8	02:42.8	200 BACK	03:25.8	03:12.0	03:00.7	02:50.3	02:42.3	02:36.0	02:28.6
03:29.6	03:14.3	03:03.3	02:56.8	02:52.3	02:48.9	02:45.5	200 IM	03:29.6	03:14.3	03:02.8	02:52.7	02:44.8	02:38.4	02:31.0
07:21.7	06:43.2	06:21.1	06:03.2	05:54.8	05:48.1	05:45.2	400 IM	07:21.8	06:46.7	06:22.8	05:59.1	05:42.3	05:29.5	05:19.4

* These events do not have a qualifying time. Entry will only be open to those swimmers with a qualifying time at the corresponding 200m event.

** Only competitors whose age as National Championships 2010 are allowed to compete in these events - the qualifying time of the next age group applies. 9 year olds cannot swim 100m events.

Disabled Qualifying Times

**For all classes the qualifying times are equal to the 10 years.
 Normal rules of evidence of classification will apply.**

Note: Boys can enter the 800m Freestyle & Girls enter the 1500m if they have the qualifying time.

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